

**CUYAHOGA HEIGHTS HIGH SCHOOL**  
**54th Annual Cuyahoga Heights High School**  
**George Gross Redskins Cross-Country Invitational**  
**Tuesday, October 3rd, 2023**

Dear Coaches and AD:

Thank you for your interest in participating in our **54th Annual George Gross Invitational on Tuesday, October 3rd!** As always, we are planning to run a *first-class* meet, even during these unprecedented times. It is being held in a Park named *Valley View Woods*. Please Google this address for directions: **13005 Schreiber Road, Valley View, OH 44125**. A map of the course is on the second page of this letter and two more will also be given to you in your coach's packet. The course has been very carefully measured to be a true 5000 meters and has a nice variety of terrain, including hills. Some of them are short and a little steep, and others are longer and more gradual. We truly believe that the course is runner friendly; it's just plain fun to run! There will be an EMS squad and/or athletic trainer on site during the entire meet. Also, the start line will be curved to ensure that each team runs the same distance on our course from the get-go AND the starting boxes will be spaced out with alternating empty boxes to keep teams spread out. All of this will be discussed at the coaches meeting where further details may ensue.

4:15pm – Coaches Meeting

4:45pm – Boys Race (5-7 runners)

5:25pm – Girls Race (5-7 runners)

6:10pm - Combined Open Race (4 or less runners/no full team AND overflow runners beyond 7)

**ROSTERS: PLEASE SUBMIT YOUR ROSTERS IN BAUMSPAGE NO LATER THAN FRIDAY, SEPTEMBER 29TH BY 5:00PM.** We will do chip-timing this year, but in the event that it falls through, we will easily revert back to the color-coded card system with our veteran staff who can go “old-school” at a moment's notice! We typically STILL hand out these color-coded cards even during chip-timing in case there are issues with the electronic system. It is vital that at least one of your coaches collects ALL of these cards handed to your athletes and gives them to the finish line crew. This is our backup to the chip-timed system and ensures that no matter what we have results. Please abide by this simple, yet important request... **WE WILL HAVE PIZZA AND DRINK FOR ALL ATHLETES, COACHES, AND VOLUNTEERS AS WE AWAIT THE RESULTS PRIOR TO THE AWARDS CEREMONY!!**

Chadwick Robinson, Meet Manager  
Cuyahoga Heights High School  
4820 East 71 Street  
Cleveland, OH 44125  
Cell phone (216) 323-9907  
E-Mail: [crobenson@cuyhts.org](mailto:crobenson@cuyhts.org)

**Reminder: Entry Fees:** (Payable to Cuyahoga Hts. Bd. of Education, Send to Athletic Dept.)  
\$85.00 per team: \$170.00 both girls' and boys' teams OR \$17.00/runner for schools not having at least 5 runners.

**Participating Schools: West Geauga, Andrews Osborne Academy, Cleveland Central Catholic, Maple Heights, Bedford, Beachwood, Orange, Kirtland, Hearts for Jesus Christ, Western Reserve Academy, Lawrence, Cardinal, Lake Ridge Academy, Independence, Cuyahoga Heights**

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**Boys Varsity Race:** Trophies for the top 2 teams, top 3 individuals, medals for places 4-10.

**Girls Varsity Race:** Trophies for the top 2 teams, top 3 individuals, medals for places 4-10.

**Open Race (combined boys/girls):** Medals for the top 3 boys & top 3 girls.

*ALL RUNNERS* will receive a Participation Ribbon for running the George Gross Invite.

**2023 George Gross Sportsmanship Award:** Selfless act of kindness and/or sportsmanship.

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